

## Understanding Children Through Their Ages & Stages



They start from the day you bring home your new baby - the seemingly endless questions and concerns about the needs, behavior and development of your newborn. Just when you begin to feel confident and think you understand the routine, your baby enters the delightfully difficult toddler years, and the next stage of developmental issues and questions arise.

From sleeping and feeding to temper tantrums, toilet training and positive discipline, Forty Carrots Family Center's experienced parenting educators offer support and answers to help you adjust and adapt to the many stages, changes and challenges of your child's first five years. In this brochure, you'll find a variety of lively learning opportunities that allow you and your children to grow together in a playful environment of friendship and support.

### Partners In Play (PIP)

Our Partners In Play classes follow an engaging curriculum that allows you to share meaningful play time with your child and have the opportunity to talk to other parents and our educators about parenting questions.

**Winter  
8 Week Session  
January 10 - February 28**

#### PIP Cooks!

Your child will be the master chef, and you the sous-chef, as together you enjoy the process of measuring, combining, smashing and stirring before sampling culinary delights. Not only is cooking a fun way to bond and foster self-esteem, it also engages all of the senses and is the perfect platform for introducing language, math and science skills.

**PIP Squeaks** (7-14 months)  
Fridays, 9:15 am - 10:15 am **\$80**

**PIP Toddlers** (14-24 months)  
Tuesdays, 9:15 am - 10:30 am **\$120**

**PIP Twos** (24-36 months)  
Tuesdays, 11:00 am - 12:15 pm **\$120**

Registration required.

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Inside

Winter 2012 Classes  
Parenting Program



1500 S. Tuttle Ave.  
Sarasota, FL 34239



Join us in our Facebook community.  
Become a part of our play & learn network.

Information Skills Support



*Good Beginnings Last a Lifetime*



(941) 365-7716 [fortycarrots.org](http://fortycarrots.org)

2012 Class Schedule / Winter / Published Irregularly / Issue 045  
Forty Carrots of Sarasota Inc. / 1500 S. Tuttle Ave., Sarasota FL 34239

## Welcome to Our World

A free drop-in play & learn class for parents and infants

Birth to 6 months

Bringing a baby into the world can fill our hearts with joy and love and our minds with questions and wonder. Join other families navigating the newborn phase in a supportive, fun, informative class with our parenting educators. Explore topics that are relevant to you and your family as you begin the journey of raising a healthy and happy child.

**Mondays, 10:45 am - 11:45 am FREE**

No pre-registration required.

## Child'Space

(birth to 7 months)



Featuring Barbara Leverone, M.A. & L.M.T.

Maximize babies' potential; support their development through constructive play, movement and touch. Topics include tummy time, infant massage, learning to roll, sit and crawl.

**Thursdays, 10:00 am - 11:00 am, 0 - 4 month olds**  
**Thursdays, 11:00 am - 12:00 pm, 4 - 7 month olds**

**Fee \$15/class or \$40/3 classes**

Register at [Barbara@srqchildspace.com](mailto:Barbara@srqchildspace.com) or 362-0944

## Studio 40

Unlock the creativity of early childhood (1 - 5 year olds)

Drop in on Mondays for a captivating program of art, music, movement and other creative activities at our own Studio 40 - a magical place where parents, grandparents & children play and grow together. At Studio 40, unique indoor and outdoor hands-on play experiences are the key to early childhood learning. Studio 40's monthly spotlights ensure each day is a new adventure.



**Mondays, 9:15 am - 10:15 am Fee \$10/family**  
No pre-registration required.

**January Spotlight - Masterpiece Mondays**  
**February Spotlight - Mardi Gras Mondays**

## Coffee Talk

Coffee & conversation focusing on hot topics for parents of young children

**NO is Not a 4-Letter Word**  
**Wednesdays February 1, 8 & 15**  
**9:30 - 10:45 am**



Saying "No!" often evokes feelings of anger. Big feelings - both yours and your child's - are the perfect starting point for teaching life skills that will help your little ones through the ups and downs we all face every day. In this 3-week class you will learn what to do when your child gets angry, and how to help your child develop self-discipline and coping strategies that will last a lifetime. **Fee \$45**

Registration required. No childcare available.

**FREE Neighborhood Partners In Play (PIP) On Wheels**  
(mobile babies - 5 year olds)



Enjoy special playtime with your child, meet our friendly staff and discover how Forty Carrots can help you enjoy parenting even more. No pre-registration required.

**Selby Public Library** (861-1130)  
Mondays 10:00 am - 10:45 am

**Fruitville Public Library** (861-2525)  
Mondays 11:45 am - 12:30 pm

**Elsie Quirk Public Library** (861-1212)  
Tuesdays 10:00 am - 10:45 am

**North Port Public Library** (861-1312)  
Tuesdays 12:00 pm - 12:45 pm

**Jacaranda Public Library** (861-1275)  
Wednesdays 10:00 am - 10:45 am  
11:00 am - 11:45 am

**Gulf Gate Public Library** (861-1241)  
Thursdays 10:00 am - 10:45 am

**Venice Public Library** (861-1348)  
Thursdays 12:00 pm - 12:45 pm

**North Sarasota Public Library** (861-1362)  
Fridays 11:15 am - 12:00 pm

*We embrace diversity and do not discriminate on any basis.*

## Caught In the Middle

2-evening sessions



This dynamic group is designed for parents of young adolescents. Join Forty Carrots executive director and veteran educator, Betsy Kane-Hartnett, as she helps you navigate your 10-14 year olds maddening yet magical rollercoaster years.

**Session 1: February 7, 2012 5:30 pm - 7:00 pm**

**Session 2: April 24, 2012 5:30 pm - 7:00 pm**

**Fee \$20/session**

Registration required. Childcare not available.

## Individual Consultation

For families looking for support in a private setting, we are available to meet one-on-one to listen to your family's concerns, share insights and help you develop a plan within the framework of your family's values. For an appointment call 941-365-7716. Fee \$75/hr.

**To register call**  
**(941) 365-7716**  
**or visit our website**  
**[www.fortycarrots.org](http://www.fortycarrots.org)**

Classes are provided by Forty Carrots Family Center, a nonprofit organization dedicated to strengthening families through educational programs for parents, children and professionals in the field and are funded in part by The Ounce of Prevention Fund of Florida and the State Department of Health, Sarasota County Government, All Star Children's Foundation, Roberta Leventhal Sudakoff Foundation, The Community Foundation of Sarasota County from the Edward K. Roberts Fund, and the Wilson-Wood Foundation.

The NAEYC Accredited Preschool at Forty Carrots Family Center is dedicated to providing the highest quality early childhood education. To schedule a tour of our 5+ Star Program, please call 941-365-7716. Lic # 58-51-00397